KEDAH
Where you’ll find more than meets the mind...

No place in the world has a combination of these features: a tranquil tropical paradise laced with idyllic islands and beaches framed by mystical hills and mountains, filled with natural and cultural wonders amidst vibrant cities or villages of verdant paddy fields, all cradled in a civilisation based on proven history with archaeological site evidence going back three millennia in an ancient environment of geological formations from over 500 million years!

This is Kedah, the oldest existing kingdom in Southeast Asia.

Now Kedah invites the world to discover all her treasures from unique flora and fauna to delicious dishes, from diverse experiences in local markets and museums to the coolest waterfalls and even crazy outdoor adventures.

Because Kedah has it all!
Welcome to Kedah Darul Aman!

Kedah, in the north of Peninsular Malaysia, is a magnificent state. It is indeed full of wonders, some of which are already known worldwide such as our jewel and pride, the Langkawi archipelago, while so many treasures on the Kedah mainland are only now being discovered by the world at large.

You too must discover Kedah’s pristine nature, unique culture, scrumptious cuisine and more in every corner. This Kedah Directory 2020 is just one but good way to start your Kedah adventure. Then if you need more information, just get in touch with us as per listed contacts. I assure you Kedahans are among the friendliest of Malaysians and will always be happy to help you in whatever way in your stay.

After all we have proven in our history of 2500 years as a geopolitical entity that Kedah has shared so much with the region and even the world and will proudly continue do so. This is in line with the concept and policy of shared prosperity that our Prime Minister of Malaysia, The Right Honourable Tun Dr. Mahathir Muhamad has put in place for the whole nation. You will see this in even local policies of strengthening the state’s local folk in their networking in socio-economic activities and so on, which encompasses local tourism and the environment as well for sustainability.

So, be assured that your visit to Kedah will enrich not only your personal life experiences but is also a part of the shared prosperity that we practice.

Have a memorable stay in Kedah.

DATO’ SERI UTAMA HJ. MUKHRIZ TUN MAHATHIR., DMK., SPMK., SJMK., DHMS., DSNS., SSS., JP.
Chief Minister of Kedah Darul Aman
A warm Selamat Datang to Kedah!

I’m thrilled that you’re reading my state’s Visitors’ Directory 2020, which was prepared especially for valued travellers such as yourself.

Kedah is indeed Malaysia’s most unique state, and I say that not just because I am the State Secretary but the facts speak for themselves. We have the oldest known civilisational history and archaeological site, Sungai Batu, not just in Malaysia but in all Southeast Asia. And we have a geological landscape and rock formation history of over 500 million years!

But more than our fascinating history as an ancient kingdom, Kedah has so many other special heritage features be they natural, cultural, culinary, recreational and more. Even our northern dialect of Malay is unique in the Malay Archipelago. As visitors, you will be mesmerised by our endless wonders.

But most of all it is our people, the Kedahans, who are always friendly and ever welcoming to all visitors to partake of our treasures, culture and lifestyle. In line with the spirit of shared prosperity, we want everyone to have a stake in and share the well-being of tourism; from villagers to venue or business owners and even to all visitors themselves.

Kedah’s pie is big, so to speak and there’s more than enough for everyone when enjoyed responsibly and sustainably - and that is what shared prosperity is about.

So again, on behalf of the government and people of this ancient sultanate yet modern state of Kedah - we welcome you. Do come to visit us in 2020 and even beyond.

Sincerely,

DATO’ PADUKA AMMAR BIN DATO’ SHAIKH MAHMOOD NAIM
DPSS., DSDK., JSD., SSS., AMK., AMN., BCK.
Kedah State Secretary
Foreword by the State Executive Councilor

2020 will be the best year ever to visit our unique state of Kedah, as part of Visit Malaysia Year (VMY2020).

I can assure you, our cherished visitors, that all of us in Kedah are laying out the proverbial red carpet for you to partake not just of a visit, but to experience the shared prosperity that’s part of the vision of Malaysia’s own Kedah-born Prime Minister, Tun Mahathir Mohamad.

We have many new attractions and packages to complement the popular old. Some things are newly rediscovered such as previously forgotten but fantastic caves or trails, while many others are our once-hidden heritage treasures newly introduced to the world be they natural or cultural and even both.

Be rest assured that Kedah offers exciting things in store for every kind of visit and visitor, be it for an individual explorer, a special travel group, a romantic getaway or a family staycation. Just dig a little, beginning with this booklet, and you will find what you seek in Kedah, the gem of Malaysia.

Selamat datang, na!
Sincerely,

YB ASMIRUL ANUAR BIN ARIS
Youth & Sport, Tourism, Art & Culture and Entrepreneur Development
Selamat Datang all friends from all corners of Earth, not just to Malaysia but especially to Kedah.

Kedah is indeed a special place in terms of history, geography, nature, adventure, culture, cuisine and everything in between. And this Visitors’ Directory 2020 will help you discover why and how this ancient yet modern Sultanate of Kedah has so much to offer.

As the designated Champion of the Tourism Productivity Nexus of Malaysia, I am particularly focused on ensuring that our tourism sector is not only productive, but also inclusive for all stakeholders and most important, sustainably so. For Kedah, this means that visitors like yourself will not only enjoy your stay in this lovely state, but also be assured that your visit brings benefits to the local people and moreover when you come back here anytime later, you and the local people can still reap the same benefits or even more. Plus we also help educate our people on environmental awareness with long-term business productivity. That’s sustainability!

This is all in line with the idea and advocacy of Shared Prosperity, which is a core of our record-holding Prime Minister Tun Mahathir Muhamad’s vision for Malaysia, where everything from agriculture to industry to tourism mutually feeds and sustains each other. For Kedah, you can see this in even little things such as Kedah tour packages which weave in different places or activities to give you, our visitor, a mix of memorable experiences of Kedah, while sharing honest income for many local folks.

So be assured that we are working for everyone’s well-being, from yourself as our valued guest to all stakeholders and that includes our beautiful environment.

Enjoy Kedah!

UZAIDI UDANIS
Champion
Tourism Productivity Nexus, Malaysia
Tourism Productivity Nexus (TPN) is an industry-led establishment under the purview of Malaysia Productivity Corporation (MPC). Established as part of Malaysia Productivity Blueprint (MPB), TPN serves as the one-stop centre which assists enterprises to boost productivity, increase innovation, and capture growth opportunities. TPN champions various initiatives with the aim to facilitate growth and increase productivity at the national, sectoral, and enterprise level, as follows:

**T1:** Strengthen collaboration efforts between industry and academia to match industry needs

**T2:** Establish a certification / accreditation programme for tourist sites to boost tourist volume and improve service delivery

**T3:** Product owners to review pricing system of sites

**T4:** Review industry standards and regulations with industry’s input

**T5:** Align marketing strategy on targeted tourist segments

Initiatives spearheaded by TPN are in collaboration with major stakeholders, in the government and industry, especially with the Ministry of Tourism, Arts and Culture (MOTAC), Tourism Malaysia and Malaysia Tourism Council (MTC) with the objective to grow businesses especially those of the small and medium enterprises and micro-companies.

For more information please visit our productivity portal at

**wayup.my**
Kedah’s northern-most district, Kubang Pasu offers a host of offerings from nature and adventure to lifestyle and leisure. There’s also education, having the premier Universiti Utara Malaysia at Sintok, plus attractions in heritage and agriculture. Although located in Kedah’s upper north, Kubang Pasu is in fact quite accessible as the state’s main airport at Kepala Batas is at the district’s southern border and close to its biggest town, Jitra.
BANDAR DARULAMAN
LAKE PARK

Taşik Bandar Darulaman is a popular urban park with a scenic lake in Jitra, and a nice place for all sorts of family-friendly activities including jogging, cycling, fish-feeding, buggy-riding plus local eateries and more.

BLACK FOREST GOLF AND COUNTRY CLUB

Taking a play on the place name Bukit Kayu Hitam, meaning Black Wood Forest, this international golf resort offers both challenging and pleasurable golfing that is open to all visitors, with full clubhouse facilities amidst green undulating rainforest and plantation lands.

DARULAMAN GOLF AND COUNTRY CLUB

Billed as “A Place for Everyone”, this resort club not only has an 18-hole golf course but also golfing range, swimming pool, sports courts, gym, hotel and chalets readily accessible in Jitra.
GUA KERBAU
(BUFFALO CAVE)

An ancient tale of a monstrous mythical creature Sang Kelembai turning a buffalo into a giant hill gave this cave its name, and indeed Kodiang area’s limestone formations date back almost 300 million years ago, filling the cave with interesting shapes as a backdrop of history here - from Neolithic settlements to Kedah troop preparations against Siamese attack.

BUKIT WANG
RECREATIONAL FOREST

A literal translation of Rimba Rekreasi Bukit Wang is ‘Money Hill’ Recreational Forest but like most pristine jungle river nature areas like this one in Jitra, money can’t buy the peaceful and self-sustaining natural environment with gushing waterfalls, clean long river pools and rockfaces, making it a popular bathing, picnic and outdoor spot.

TUNKU ANUM
ROYAL TOMB

For the tomb of a King, Makam Tunku Anum is modest but historic and it reminds of the years 1839 to 1854 when Kubang Pasu was a small independent state ruled by Tunku Anum himself after being bequeathed with the land, following his efforts and success in getting Kedah released from Siamese occupation.

PRINCESS LINDUNGAN
BULAN TOMB

A pretty mausoleum, Makam Puteri Lindungan Bulan or Tomb of the Moon-Protected Princess holds the story of a beautiful and special white-blooded Princess of Kedah, of whom to avoid marriage to a foreign king who wanted a white-blooded queen her father the Sultan hid her in a place so impenetrable that even the moonlight would not shine on it when the foreign army invaded and so failed to find her.
BUKIT KAYU HITAM DUTY-FREE COMPLEX

This shopping complex at Kedah's Bukit Kayu Hitam border town with Thailand can put you in shop-till-you-drop mode with its duty-free offerings, but do note that you need to leave Malaysia for a period of time and return here to enjoy the bargains.

WAT BOONYARAM BUDDHIST TEMPLE

Also locally known as Wat Siam as it is a Siamese Buddhist temple, this colourful wat (temple) at Padang Sera is largely of traditional Thai-style architecture and shows the multi-religious harmony of Kubang Pasu and Kedah as a whole.

MARDI FRUIT RESEARCH CENTRE

A premier fruit growing research centre run by the Malaysian Agricultural Research & Development Institute, it is also popularly known as MARDI Sintok located at Bukit Tangga, where visitors are welcomed to learn about and taste various high quality fruits when in season.

3S BATIK VILLAGE JITRA

Batik traditional hand-drawn design fabrics are well-loved across the Malay Archipelago, and Kedah has its very own batik atelier in 3S Batik Village in Jitra, where besides a large variety of ready products customers can also draw their own batik or have custom-made products as well.
Kedah Cuisine and a Cuppa

While Kedah shares staple food ingredients such as rice and noodles with the region, there are recipes so original to the state until it bears its name. Laksa Kedah is one such must-try, a fish-based soupy rice noodle dish. For a local cuppa, try our local coffees such as ‘kopi Kedah’ and ‘kopi Cap Gantang’ and you won’t go wrong.
NIGHT MARKETS

TAMAN SURI

4pm – 10.30pm – Monday, Wednesday & Saturday

BANDAR DARULAMAN

4pm – 10.30pm – Thursday

JITRA

Kampung Pantai Helban
5pm – 10pm – Saturday

PEKAN JITRA 2

4pm – 10.30pm – Sunday

TAMAN SRI AMAN

Jalan Ilmu
4pm – 10.30pm – Saturday

Markets are the commercial hearts of communities, and no less so in the ‘pasars’ around Kubang Pasu. There are two basic types, Pasar Malam are night variety markets from evening to around elevenish PM, and Pasar Tani are agricultural or farmers' markets usually early mornings till afternoon, each on different days for different places. So check the listings and make sure you pass through and enjoy our vibrant pasars.

FOOD TRAIL

RESTORAN TOK KERAMAT
(Serving Malay Cuisine)
Restoran Tok Keramat
Kg Tok Keramat
06000 Jitra, Kedah Darul Aman
Tel: +604-917 4988
https://www.facebook.com/
restorantokkeramat/

RESTORAN DUSUN PEMAI
(Serving Local Cuisine)
Darulaman Height
(Jalan Tanah Merah)
06000 Jitra, Kedah Darul Aman
https://www.facebook.com/pages/
Restoran-Dusun-Pemai/242927259
908746?rf=1830344163740651

PORT BIKE
(Serving Western Cuisine)
Bersebelahan Pusat Rawatan
Mahsuri Tanah Merah
Bandar Darul Aman
06000 Jitra, Kedah Darul Aman
Tel: +6019-744 1499
https://www.facebook.com/Port-
Bike-1708386161924730/

MIX LEGACY CAFÉ
(Serving Multi Cuisine)
Berhadapan Masjid Tanjung Pauh
Bandar Darulaman Jaya
06000 Jitra, Kedah Darul Aman
Tel: +6019-976 7699
https://www.facebook.com/
mixlegacycafe/

QIMIE PLACE
(Serving Western Cuisine)
Qimie’s Place, Jalan Hutan
Kampung, Sebelah Caltex,
Alor Setar 05300
Kedah Darul Aman
Tel: +6012-430 5918
https://www.facebook.com/Qimies-
Place-2009096129335852/

MEDAN SELERA TAMAN MAHSURI
(Foodcourt)
Taman Mahsuri, 06000 Jitra
Kedah Darul Aman

RESTORAN BUNGA NAGA ATAS BUKIT
(Serving Local Cuisine)
Lot 1076, Kampung Lubuk Batu
Jalan Wang Tepus
Bandar Darulaman
06000 Jitra, Kedah Darul Aman
Tel: +6012-707 3150
+6012-428 0150
https://www.facebook.com/pages/
Restoran-Bunga-Naga-Atas-Bukit-
Jitra/308476635887247

RESTORAN HJ GHANI PASEMBOR
(Serving Local Cuisine)
Kampung Tokong, 06100 Kodiang
Kedah Darul Aman

HAJI JOHARI CENDOL PULUT
(Serving Local Cuisine)
Km 17.3, Lebuhraya Utara Selatan
Pekan, Napoh, 06000 Jitra
Kedah Darul Aman
Tel: +604-916 1259
https://www.facebook.com/
restorancendolpuluthajijohari/

PAK NAM KARI KEPALA IKAN
(Serving Malay Cuisine)
Kampung Tokong, 06100 Kodiang,
Kedah Darul Aman
Tel: +6011-3816 4045

RESTORAN WADI SINAI
(Serving Multi Cuisine)
49 GF, College Height Commercial
Square (5.89 Km) 06000 Jitra Kedah
Darul Aman
Tel: +6013-300 2234
https://www.facebook.com/
restorenwadisinai

ROSAMI BHIUN SUP
(Serving Noodles & Thai Cuisine)
Jalan Sungai Korok – Jitra Kampung
Tok Kesop, 06000 Jitra
Kedah Darul Aman
Tel: +6017-481 4428
+6011-3323 6092
https://www.facebook.com/
rosalbhunusupjitra/

RESTORAN SUP MELETOP BANG MAT DAGING
(Serving Local Cuisine)
Lot 134 Taman Desa Damai
06000 Jitra, Kedah Darul Aman
+6019-590 8869
https://www.facebook.com/
Sup-Meletop-Bang-Mat-
Daging-832945756722456/

SABAI DEE CAFÉ
(Serving Thai Cuisine)
Km 19.5, Jalan Wang Tepus
06000 Jitra, Kedah Darul Aman
Mr. Sumit Chindamanees
General Manager
Tel: +6016-447 6484
https://www.facebook.com/
cafesabaidee/

PAK LANG ROTI CANAI
(Serving Local Cuisine)
Jalan Siswa 8, Taman Siswa 2
06000 Jitra, Kedah Darul Aman
Tel: +604-919 0041
https://www.facebook.com/
Pak-Lang-Roti-
Canai-325086244265192/

PAK LANG ROTI CANAI
(Serving Local Cuisine)
Jalan Siswa 8, Taman Siswa 2
06000 Jitra, Kedah Darul Aman
Tel: +604-919 0041
https://www.facebook.com/
Pak-Lang-Roti-
Canai-325086244265192/

ROSLI BIHUN SUP
(Serving Noodles & Thai Cuisine)
Jalan Sungai Korok – Jitra Kampung
Tok Kesop, 06000 Jitra
Kedah Darul Aman
Tel: +6017-481 4428
+6011-3323 6092
https://www.facebook.com/
rosalbhunusupjitra/

RESTORAN TERATAK BONDA
(Serving Malay Cuisine)
Jalan Iskana, Kampung Lubuk Kawa
06000 Jitra, Kedah Darul Aman
Tel: +6017-494 7782
https://www.facebook.com/
teratakbonda19/
Sure, you can explore Kubang Pasu on your own with guide books, websites and social media but in many cases there are hidden gems that package tours make much easier to find. Packages can also be wide-ranging starting from short visits for particular places or activities, to half day or full day themed itineraries, to multi-experience overnight package tours with accommodation.

Feel free to contact any of them for enquiries and even customisation.

**KUBANG PASU Experiences in Great Packages**

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**PACKAGE:**
**BATIK COLOURING WORKSHOP**

**3S BATIK VILLAGE**
Lot 5, Jalan Istana Lubuk Kawah, 06000 Jitra, Kedah Darul Aman
Contact Person:
Syed Mahmud Syed Ibrahim
Sharifah Mariam Syed Mahmud
Tel: +6019-388 9834 | +6016-221 4676
FB: https://www.facebook.com/3SBatikVillage/
PACKAGE: MADU KELULUT

GALERI KELULUT BUKIT WANG
Bukit Wang Bioasli, Km28 Kg. Padang Panjang, 06000 Jitra Kedah Darul Aman
Contact Person: Izhar Johari
Tel: +6012-424 6235
FB: https://www.facebook.com/izhar.johari

PACKAGE: EDUCATIONAL PROGRAMS

NAPOH ECO FARM
PT1123 Jalan Wang Tepus Mukim Kubang Pasu 06000 Kubang Pasu Kedah Darul Aman
Tel: +6019-460 2323
Website: http://napoheco.com.my/
Email: napohecofarm@gmail.com
FB: https://www.facebook.com/napohecofarm/

Offering environmental and educational programs for students, plus agriculture workshops and classes on nutrition, food and cooking.

URUTAN TRADISIONAL (TRADITIONAL MASSAGE)
No 131 Jalan Murni 7 Taman Sri Murni, 06000 Jitra Kedah Darul Aman
Contact Person: Jamaliah Abdullah
Tel: +6012-534 4001

BATEK VILLAGE
35 Batik Village, Lot 5, Jalan Istana, Lubuk Kawah Bandar Darul Aman 06000 Jitra, Kedah Darul Aman
Contact Person: Syed Mahmud
Tel: +6016-221 4676
https://www.facebook.com/35BatikVillage/

ONE STOP PHYSIOTHERAPY
1 Bangunan Stesen Bas Changlun
Contact Person: Siti Hajar Mohd Dzohir
Tel: +6012-413 7401
https://www.facebook.com/onestophysiologistchanglun/

BAHULU SALWA (TRADITIONAL SNACKS)
309 Tingkat Bawah Jalan Jalal Jaya 1/6/1 Taman Jalal Jaya 06200 Kepala Batas Kedah Darul Aman
Contact Person: Zuha
Tel: +6019-493 4192
https://www.facebook.com/Ismazuha-Bauulu-Salwa-1451260181854292/

BENGKEL PASU SERAMIK (CERAMIC WORKSHOP)
Kg. Padang Hulian 06010 Changlun, Kedah Darul Aman
Person: Sofee Seramik
Tel: +6017-517 2187
https://www.facebook.com/sofeerasamik/

KOLAM SPIRULINA LADANG ORGANIK (ORGANIC FARM)
Kg. Padang Panjang Jalan Bukit Wang 06000 Jitra, Kampung Lubok Ipoh Kedah Darul Aman
Contact Person: Dxn
Tel: +604-916 1288

#Gah Kedah Participants
Accommodation in Kubang Pasu is more diverse and welcoming than one may think, ranging from established hotel chains to budget local inns to friendly village homestays. Just take your pick and pick your days.

**HOTELS**

**URBAN INN**  
388, 2, Pekan Jitra 3, Pekan Jitra 06000 Jitra, Kedah Darul Aman  
Tel: +604-916 2979  
+604-916 2969  
Email: infojitra@urbaninn.com.my

**C HOTEL**  
Pekan Jitra 2, 06000 Jitra Kedah Darul Aman  
Contact Person: Kim Lin Teng  
Tel: +604-917 6288

**HOTEL BUSTANI**  
Jalan Jitra Changlun, Kubang Pasu 06000 Jitra, Kedah Darul Aman  
Tel: +6019-338 9640  
+604-917 7777  
Email: reservation@bustanihotel.com  
Website: http://www.bustanihotel.com/  
FB: https://www.facebook.com/bustanihotel

**BDB Hotel Sdn Bhd**  
Darulaman Suites, Lot 888, Bandar Darulaman, 06007 Jitra Kedah Darul Aman  
Tel: +604 917 2008  
+604 917 2668  
Email: darulamangolf@bdb.com.my  
Website: www.darulamangolf.bdb.com.my  
FB: https://www.facebook.com/darulamangolf

**HOTEL DARULAMAN**  
Bandar Darulaman, 06000 Jitra Kedah Darul Aman  
Tel: +604-917 8080  
+604-918 3868  
+6011-5611 016  
Email: hoteldarulaman@yahoo.com  
FB: https://www.facebook.com/hdcoophotel

**GM HOTEL**  
No. 22, 23, 24 Taman Teja Lebuhraya Changlun  
Bukit Kayu Hitam 06100 Changlun, Kedah Darul Aman  
Contact Person: Mohd Rodhi  
Tel: +604-924 9776

**T HOTEL**  
No. 1A, Pekan Lama, Changlun 06100 Jitra, Kedah Darul Aman  
Tel: +604-924 8888  
Email: changlun_frontcounter@thotel.com.my  
Website: http://www.thotel.com.my/  

**EDC UUM HOTEL**  
EDC UUM Universiti Utara Malaysia 06100 Sintok, Kedah Darul Aman  
Tel: +604-928 8888  
Email: reservation.edc@gmail.com  
FB: https://www.facebook.com/edcuum

**BIG ORANGE HOTEL**  
Pekan Jitra 3, Pekan Jitra 06000 Jitra Kedah Darul Aman  
Contact Person: Padi Emas Management  
Tel: +604-917 7775  
Email: mailorangejitra@gmail.com  
Website: http://www.bigorangehotel.com.my/index.php  
FB: https://www.facebook.com/BigOrangeJitra

**RESORTS & CHALETS**

**SERAMBI PELANGI CHALET**  
Batu 13, Jalan Sintok 06010 Changlun, Kedah Darul Aman  
Tel: +6014-927 2055  
Email: serambipelangichalet@gmail.com  
Website: https://www.serambipelangichalet.com/en-us  
FB: https://www.facebook.com/serambipelangichalet

**HOSBA VALLEY RESORT SDN BHD**  
Felda Guar Napai, Jalan K101 Off Jalan Guar Napai, 06100 Changlun Kedah Darul Aman  
Tel: +604-916 1977

**TERATAK MALINJA**  
Kg Cherok Latah Mk Wang Tepus 06000 Jitra, Kedah Darul Aman  
Tel: +6019-540 6119  
FB: https://www.facebook.com/Teratak-Malinja-520774905097911/

**CHANGLUN CHALET**  
Lot 61, Kampung Lembah Palas  
Changlun, 06010 Changlun Kedah Darul Aman  
Tel: +6019-488 8561  
Email: changlun_chalet@yahoo.com  
FB: https://www.facebook.com/changlunchalet/

**HOMESTAYS**

**Homestay Pulau Pisang**  
Kampung Pulau Pisang, 06000 Jitra Kedah Darul Aman  
Contact Person: Norliza Abdul Ghani  
Tel: +6013-456 4520  
Email: bananaisland57@gmail.com  
Website: https://pisangisland.blogspot.com/  
FB: https://www.facebook.com/Homestay-Pulau-Pisang-Kedah-Malaysia-149171665122134/

**HOMESTAY KAMPUNG JERUU**  
Mada F II, Jerun, Kedah 06150 Ayer Hitam Kedah Darul Aman  
Tel: +604-794 0263

**D’NYIOR Jitra Homestay**  
17B Taman Sri Nylor 06000 Jitra, Kedah Darul Aman  
Contact Person: Norliah Samsuri  
Tel: +6012-556 8390  
FB: https://www.facebook.com/NorliahSamsuri178/

**D’KAMPUNG HOMESTAY**  
Masjid Kampung Keti 06000 Jitra, Kedah Darul Aman  
Tel: +6019-538 7656  

**CER’MAI HOMESTAY**  
No. 349, Taman Cermal 06000 Jitra, Kedah Darul Aman  
Tel: +6012-417 3363  
FB: https://www.facebook.com/jitrahouse/

**MY MAHERAN HOMESTAY**  
No. 963, Jalan 30, Taman Tengku Maharan, Bandar Darul Aman 06000 Jitra, Kedah Darul Aman  
Tel: +6017-506 0167  
FB: https://www.facebook.com/MyMaheranHomestay0Jitra/
Essential Information

We trust that everything goes well in your visit to Kedah. But just in case, here are essential contacts and other useful information that would help in ensuring that your stay is on track.
If ancient traders could travel to Kedah since nearly 2000 years ago, you can too. Located on the northwest coast of Peninsular Malaysia, it is one of the country’s northern gateways bordering Thailand to its north. You can travel to Kedah by air, road, rail or sea even on a cruise ship.

**BY AIR**
Malaysia Airlines, AirAsia, Malindo Air and others operate daily air services direct from Kuala Lumpur to Kedah. You can take flights from Kuala Lumpur International Airport (KLIA) or Sultan Abdul Aziz Shah Airport (Subang Skypark) to Sultan Abdul Halim Airport in Kepala Batas just 20 minutes’ drive from Alor Setar, or to Langkawi Airport.

**BY ROAD**
Just a five-hour drive from Kuala Lumpur brings you to Kedah using the North-South Expressway (PLUS). Air-conditioned express buses to Kedah can be taken at KL’s Terminal Bersepadu Selatan or Hentian Duta bus hubs. Bus services go to Alor Setar, Sungai Petani, Gurun, Jitra, Kulim, Baling and Bukit Kayu Hitam at the Thai border. Buses, taxis and even e-hailing car services are also available from neighbouring states to Kedah and vice versa.

**BY RAIL**
Fast and comfortable KTM Electric Train Services (ETS) express trains run from KL Sentral station in Kuala Lumpur daily and stop at major towns in Kedah including Alor Setar, Sungai Petani, Gurun and Anak Bukit before proceeding to neighbouring Perlis. Visitors heading for Langkawi should disembark at Alor Setar or Arau in Perlis and proceed to the respective jetty terminals to arrange their transfer. The border town of Bukit Kayu Hitam is the entry point for visitors who are arriving from Sadao, Thailand. There is an Immigration and Customs checkpoint at the border crossing that is open for travellers from 6.00am to midnight (Malaysian time).
GETTING AROUND

SELF-DRIVE
Rent a car at the airport or via car rental services and explore Kedah on the comprehensive network of roads around the state.

BUSES AND TAXIS
There are transport terminals in each city and major town in Kedah for local buses, interstate buses and taxis with a major hub in Alor Setar known as Terminal Shahab Perdana at Jalan Langgar. In Sungai Petani, the main bus terminal is situated at Ukir Square, Jalan Kuala Ketil. Get to various towns in Kedah and other major destinations in Peninsular Malaysia especially Kuala Lumpur, Penang, Melaka, Kuantan and Johor Bahru by bus. For festive and holiday seasons tickets must be booked in advance.

GETTING TO LANGKAWI

BY AIR
Malaysia Airlines operates daily air services to Langkawi from Kuala Lumpur, while its subsidiary, Firefly, offers daily flights to Langkawi from the Sultan Abdul Aziz Shah Airport in Subang and Penang. AirAsia provides daily flights to Langkawi from Kuala Lumpur and other cities. There are direct flights to Langkawi even from Singapore.

BY SEA
Express ferries provide regular services to Langkawi from Kuala Kedah in mainland Kedah and Kuala Perlis in the neighbouring state of Perlis. The sea ride from Kuala Kedah takes about 1 hour 15 minutes. Ferry services to Langkawi are also available from Penang as well as Satun, Thailand.

BY RAIL
Travellers heading for Langkawi may refer to the section above and disembark at Alor Setar or also Arau in Perlis and proceed to the respective jetty terminal at Kuala Kedah or Kuala Perlis for ferries to the island.

USEFUL CONTACT NUMBERS

TOURISM ENQUIRIES
ALOR SETAR
Tourist Information Centre
Tel: +604 731 2322
+604-730 1322
BUKIT KAYU HITAM
Tourist Information Centre
Tel: +604 922 2078
+604 922 1249
EMail: Mtpbbhk@tourism.gov.my
LANGKAWI
INTERNATIONAL AIRPORT
Tourist Information Centre
Tel: +604 955 1311
KUAH
Tourist Information Centre
(Jetty Point Complex)
Tel: +604 966 0494
KEDAH STATE
TOURISM ACTION COUNCIL
Tel: +604 735 1030
+604732 8296
LANGKAWI DEVELOPMENT AUTHORITY (LADA)
Tel: +604 960 0600
Email: support@lada.gov.my
ALOR SETAR RAILWAY STATION
Tel: +604 731 4045
SUNGAI PETANI
RAILWAY STATION
Tel: +604 421 0703
+604 421 1301
PADANG BESAR STATION
Tel: +604 949 0209
BUSES
TRANSNATIONAL EXPRESS
Tel: +603 734 5946 (Alor Setar)
+604 421 4346 (Sungai Petani)
PLUSLINER EXPRESS
Tel: +603 4045 8878 (Hotline)
+604 734 5946 (Alor Setar)
+604 421 4346 (Sungai Petani)
CEPAT EXPRESS
Tel: +604 730 3110 (Alor Setar)
+604 424 1182 (Sungai Petani)
+604 924 6050 (Bukit Kayu Hitam)
UTAMA EXPRESS
Tel: +604 734 5946 (Alor Setar)
+604 421 4346 (Sungai Petani)
TAXI
AIRPORT TAXI (Alor Setar)
Tel: +604 714 5876
CAR RENTAL
HERTZ CAR RENTAL
Tel: +604 714 4999
FERRIES
LANGKAWI FERRY SERVICES SDN. BHD.
Tel: +604 966 9439
LANGKAWI RO RO FERRY SERVICES
Tel: +604 966 9881
FERRYLINE VENTURES SDN.BHD.
Tel: +604 966 3988
GENERAL ENQUIRIES
IMMIGRATION OFFICE
Alor Setar
Tel: +604 733 3302
IMMIGRATION OFFICE
Bukit Kayu Hitam
Tel: +604 922 1621
IMMIGRATION OFFICE
Langkawi
Tel: +604 969 4400

Tips for Visitors
GREETINGS AND ESSENTIALS
Terima kasih / Thank you
Ya/Tidak – Yes/No
Selamat datang / Welcome
Selamat jalan / Goodbye
Sama-sama / You’re welcome
Saya fak faham / I don’t understand

DIRECTIONS AND TRANSPORTATION
Di mana tandas? / Where is the toilet?
Belok kanan / Turn right
Belok kiri / Turn left
Jalan terus / Go straight
Perlahan sikit / Slow down
Teksi / Taxi
Bas / Bus
Kapalterbang / Flight/Plane
Keretapi / Train
Jalan / Road
Keluar / Exit
Masuk / Entrance

AT THE RESTAURANT / CAFE
Kurang manis / Less sweet
Tanpa gula / No sugar
Kurang ais / Less ice
Tanpa susu / No milk
Tambah pedas / Extra spicy
Kurang pedas / Less spicy
Sedap / Tasty
Air / Water

AT THE MARKET
Berapa? / How much?
Mahal / Expensive

NUMBERS
Satu / One
Dua / Two
Tiga / Three
Empat / Four
 Lima / Five
Enam / Six
Tujuh / Seven
Lapan / Eight
Sembilan / Nine
Sepuluh / Ten

MAKING FRIENDS
Apa khabar? / How are you?
Khabar baik / I’m fine
Dah makan? / Have you eaten?
Cantik / Beautiful
Maaf / I’m sorry
Tolong / Please
Jom / Let’s go

FOR EVERYTHING ELSE...
Panas / Hot
Sejuk / Cold
Boleh / Can
Kampung / Village
Sungai / River
Pantai / Beach
Laut / Sea
Awas / Caution

The Malay Language or Bahasa Melayu is a relatively easy language to learn and speak. Pronunciation generally follows the spelling, with “sy” in Malay pronounced as the “sh” sound in English. The only slight uncertainty being “s” which can be pronounced either like the ‘her’ or ‘hey’ sound but generally you will still be understood even if it is mixed up.

Essential Malay Phrases You’ll Need in Malaysia

MAKING YOUR STAY NICE
Local Etiquette and Advice

• While visiting any venue where you meet local people, do be respectful of local customs and traditions; a friendly smile will never go wrong and just ask someone if unsure.

• Handshakes are generally acceptable for both men and women, but observant Muslim ladies or even men may acknowledge introductions to the opposite gender simply by nodding and smiling. A Malaysian welcome greeting is the right palm placed over the heart with a slight nod and the reply is the same. The more traditional greeting or salam resembles a handshake but uses both hands without the grasp. After the hands touch, they are lightly brought to the chest to mean the greeting is heartfelt.

• Footwear must always be removed when visiting homes or places of worship such as mosques and temples. Most mosques provide robes and scarves for ladies, and sarongs for men wearing shorts. When sitting on the floor, men sit cross-legged while women normally sit with their legs tucked to either side.

• To eat and also to give or receive something, the right hand is always used (unless it is a large item where both hands are needed).

• When pointing, it is preferable to use the right hand’s thumb with the other four fingers folded under, rather than the forefinger especially when pointing to a person. Always ask for permission before taking photographs of someone or when inside someone’s home.

• The country’s Muslim majority (about two-thirds of the population) does not consume pork or any porcine products nor liquor or alcoholic beverages. Thus, toasting is not a common practice.

• The weather is generally quite warm with occasional torrential showers. Cotton or light clothes, rubber shoes and hats are suitable. Note that some establishments such as upmarket restaurants may not allow slippers, shorts or sleeveless.
COUNTRY
The federation of Malaysia comprises Peninsular Malaysia (which is made up of 11 states), the large states of Sabah and Sarawak on Borneo Island and three Federal Territories namely Kuala Lumpur the capital, Putrajaya the federal administrative city and Labuan offshore financial centre.

CAPITAL CITY
Kuala Lumpur is the capital where the Parliament and the King’s palace are, while Putrajaya is the federal administrative centre.

GEOGRAPHICAL LOCATION
Lying 2 to 7 degrees north of the Equator, Peninsular Malaysia is separated from Sabah and Sarawak by Laut Bunguran or the South China Sea. The Peninsular is bordered with Thailand in the north, while its southern neighbour is Singapore. The states of Sabah and Sarawak on Borneo Island share a common border with Indonesia while Sarawak also shares a border with Brunei Darussalam.

AREA
329,758 sq km

POPULATION
32.5 million

PEOPLE
Malay and related Bumiputra groups make up about 65% of the population, with Chinese, Indians and other ethnic groups making up the rest.

LANGUAGE
Bahasa Melayu (Malay language) is the national language but English is widely spoken. Malaysians also speak various ethnic languages and dialects.

RELIGION
Islam is the official religion but all major religions are practiced freely and visitors will see mosques, churches and Buddhist, Taoist, Hindu or Sikh temples all over the country.

GOVERNMENT
Malaysia practices parliamentary democracy and constitutional monarchy. The Head of State is the Yang di-Pertuan Agong (the King or ‘Agong’ for short) and the Head of Government is the Prime Minister. The country has a bicameral legislative system, with general and state elections required every five years.

CLIMATE
Malaysia has a tropical climate and the weather is warm and humid all year round. Daily temperature range is from 21°C in early morning to 32°C or more in urban area afternoons. The average annual rainfall varies from 2,000mm to 2,500mm.

ENTRY REQUIREMENTS
Visitors must be in possession of a valid passport or acknowledged travel document with a minimum validity of six months beyond the intended stay period. Citizens of most countries do not require visas for social or business meeting visits. For further information, please call or visit the nearest Malaysian diplomatic mission or Tourism Malaysia office.

CURRENCY
The monetary currency unit is the Malaysian Ringgit, which is domestically denoted as RM and in international banking as MYR. Foreign currencies can be freely changed at banks and money changers.

TIME
Standard Malaysia time is eight hours ahead of GMT and 16 hours ahead of US Pacific Standard Time.

WORKING DAYS
Government and most offices in all states, with the exception of Kedah, Kelantan and Terengganu, operate on a five-day week from Monday to Friday. Government offices in Kedah, Kelantan and Terengganu are open from Sunday to Thursday. They are closed on Friday and Saturday.

BANKING HOURS
In most states, banking hours are from 9.30am to 4.00pm from Monday to Friday. Banks in the states of Kelantan and Terengganu operate from 9.30am to 4.00pm from Saturday to Thursday.

POST OFFICES
Most post offices are open from 8.00am to 5.00pm daily except on state weekends and public holidays.

ELECTRICITY
The voltage used throughout Malaysia is 220–240 volts AC, at 50 cycles per second. Standard 3-pin sockets and square plugs are used.

MEASUREMENT SYSTEM
Malaysia uses the international metric system.

TELECOMMUNICATIONS
Malaysia is openly linked nationally and internationally by telephone, facsimile, telegraph and via the internet. Most hotels provide International Direct Dial (IDD) telephone services as well as Internet Wi-Fi connection.

GETTING TO MALAYSIA
The most popular gateway to Malaysia is through the Kuala Lumpur International Airport (KLIA) at Sepang, located just over 50km south of Kuala Lumpur. Other major international airports that serve as entry points are at Penang, Johor Bahru, Kuching, Kota Kinabalu and the island of Langkawi as well as a smaller airport at Subang near Kuala Lumpur. Around 50 international airlines fly into the country. The national carrier, Malaysia Airlines, is complemented by budget airlines or other operators such as AirAsia, Malindo Air and Firefly.

The main entry point by sea is at Port Klang about 30km west of Kuala Lumpur, especially for cruise ships with other ports of call in Penang and Langkawi islands. Peninsular Malaysia is also accessible by rail and road from Singapore and Thailand.

GETTING AROUND
Malaysia has excellent domestic air links services by Malaysia Airlines and low-cost carriers such as AirAsia, Malindo Air and Firefly. The country has a relatively well-developed and efficient public transportation system served by buses and taxis, as well as trains on the Peninsula. E-hailing vehicle services are also available.

ACCOMMODATION
Malaysia has a wide range of accommodation at very competitive rates. International star-rated hotels, beach or forest resorts, chalets, budget hotels, hostels, serviced apartments and registered homestays or kampungstays are just some of the many types of accommodation available. Online booking is popular.
Kedah Calendar of Events 2020

JANUARY
- KARNIVAL HARAPAN KEDAH
  4 - Jan
  Stadium Mini Keladi, Kulim

- THE 18TH ROYAL LANGKAWI INTERNATIONAL REGATTA
  6 - 11 Jan
  Langkawi Island, Langkawi

- BURUNG HANTU NIGHT RUN 2020
  18 - Jan
  Menara Alor Setar, Alor Setar

FEBRUARY
- LE TOUR DE LANGKAWI
  7 - 14 Feb
  Langkawi Island, Langkawi

- HERO RUN V2.0
  15 Feb
  Riverfront City, Sungai Petani

- MASTER TOUR DE MALAYSIA 2020
  22 - 23 Feb
  Uum Sintok

- THE 3RD LANGKAWI ULTRA
  29 Feb - 1 March
  Resort World Langkawi

MARCH
- KARNIVAL KEUSAHAWANAN DAN KERJAYA NEGERI KEDAH
  13 - 14 March
  Unishams, Kuala Ketil, Baling

- KEDAH 2020 RUN
  7 March
  Muzium Padi, Alor Setar

- ULTRON ALOR SETAR RUN 2020
  14 March
  Aeon Big, Alor Setar

- INTERNATIONAL INVENTION, INNOVATION & DESIGN COMPETITION 2020
  19 March
  Uitm Merbok, Sungai Petani

APRIL
- KEDAH FOTOGRAFY COMPETITION
  01 April – 25 November
  Setiap Daerah

- MALAYSIA SERIES CHALLENGE KEDAH
  11 April
  Menara MPSPK, Sungai Petani

MAY
- IFTAR PROGRAM
  17 May
  Masjid Zahir

JUNE
- DURIAN AGRO TOURISM FEST 2020
  13 June
  Bandar Baharu, Kulim

- MAI MAKAN MEMPELAM
  27 June
  Tobiar

- LANGKAWI UNESCO GLOBAL GEOPARK INTERNATIONAL TOUCH RUGBY CHAMPIONSHIP 2020
  6-7 June
  Langkawi Sport Complex

JULY
- INTERNATIONAL EUREKA INNOVATION EXHIBITION 2020
  28 – 30 July
  Unikl Campus, Kulim

- HARI PELADANG PENTERNAK DAN NELAYAN PERINGKAT NEGERI KEDAH 2020
  24-28 July
  Taman Jubli Emas, Alor Setar

AUGUST
- INTERHASH LANGKAWI 2020
  21 – 23 August
  Langkawi Island, Langkawi

- MERDEKA FUN RUN 2020
  22 August
  Mydin Taman Batik, Sungai Petani

SEPTEMBER
- LEMBAH BUJANG TREASURE HUNT
  6 September
  Lembah Bujang, Merbok

- KEDAH INTERNATIONAL 4 X 4 CHALLENGE
  16 September
  Tasik Darulaman, Jitra

OCTOBER
- KEDAH HALAL FEST FESTIVAL
  29 October - 1 November
  Amanjaya Mall, Sungai Petani

- KEDAH FISHING TOURNAMENT
  7 November
  Tasik Unishams, Kuala Ketil

NOVEMBER
- KEDAH UNDER12 INTERNATIONAL FOOTBALL COMPETITION
  11-13 December
  Langkawi

All related event information is subject to change by the organiser from time to time and this administration is not responsible for the risks and losses based on the information above.
ACKNOWLEDGEMENT

Life is all about teamwork, and a good Directory like this one for Kedah requires good teamwork from so many parties, not just from within but even from without the state as well. We wish to thank all those listed below and even those who may be inadvertently missed, with a huge heartfelt Kedah inspired Terima kasih banyak na!

As they say, a picture is worth a thousand words. So, we say terima kasih and a thousand credits for each picture from our team of partners, as follows:

PEJABAT MENTERI BESAR KEDAH DARUL AMAN
KEDAH GOVERNMENT SECRETARY’S OFFICE
STATE GOVERNMENT OF KEDAH DARUL AMAN
STATE ECONOMIC DEVELOPMENT DIVISION KEDAH OFFICE
ALOR SETAR CITY COUNCIL
KULIM MUNICIPAL COUNCIL
KUBANG PASU MUNICIPAL COUNCIL
BALING DISTRICT COUNCIL
SIK DISTRICT COUNCIL
PADANG TERAP DISTRICT COUNCIL
LANGKAWI MUNICIPAL COUNCIL TOURISM CITY

LANGKAWI DEVELOPMENT AUTHORITY (LADA)
YAN DISTRICT COUNCIL
BANDAR BAHARU DISTRICT COUNCIL
PENDANG DISTRICT COUNCIL
DISTRICT AND LAND OFFICE OF KUALA MUDA
KEDAH DARUL AMAN PUBLIC LIBRARY CORPORATION
KEDAH STATE MUSEUM
TOWN AND COUNTRY PLANNING OF THE STATE OF KEDAH DARUL AMAN
MINISTRY OF TOURISM, ARTS AND CULTURE MALAYSIA
KEDAH OFFICE MALAYSIAN HISTORICAL SOCIETY
MALAYSIAN ASSOCIATION OF HOTELS
KEDAH TOURISM SDN. BHD.
KEDAH TOURIST GUIDE ASSOCIATION
KEDA
MALAYSIA INBOUND TOURISM ASSOCIATION (MITA)
MALAYSIA PRODUCTIVITY CORPORATION (Northern Region Office)
TOURISM PRODUCTIVITY NEXUS

TOURISM MALAYSIA
KEDAH TOURISM
ALOR SETAR CITY COUNCIL
KULIM MUNICIPAL COUNCIL
KUBANG PASU MUNICIPAL COUNCIL
PARALAYANG TAEH BUKIT GUNUNG BUNGSU KAB. LIMA PULUH KOTA
BALING DISTRICT COUNCIL
SIK DISTRICT COUNCIL
PADANG TERAP DISTRICT COUNCIL
YAN DISTRICT COUNCIL
LANGKAWI MUNICIPAL COUNCIL TOURISM CITY
BANDAR BAHARU DISTRICT COUNCIL
PENDANG DISTRICT COUNCIL

PAWANA JERAI RESORT
PEDU LAKE ECO & SERVICES
MARDI JERAM PASU
FAMA
PARALAYANG TAEH BUKIT GUNUNG BUNGSU KAB. LIMA PULUH KOTA
tripadvisor.com.my/
cintasayangresort.com/
gokelah.com/
blackforest.com.my/
ammboi.com/

TAMUASIA
Photo by Denan Lee
PANTAI CENANG LANGKAWI
Photo by Izuddin Helmi Adnan on Unsplash
LANGKAWI
Photo by Ilyuza Mingazova on Unsplash
GUNUNG PULAI, BALING
Photo by Heiswayi Nird on Unsplash
EMERGENCY
Photo by Greg Nunes on Unsplash
GUNUNG PULAI, BALING
Photo by Jihao Tan on Unsplash
GUNUNG BINTANG
Myneshub
WHITE WATER RAFTING
Sedim Rainforest Resort
PENANG-TRAVELTIPS.COM
Timothy Tye

MEDIA

UTUSAN MALAYSIA
BERITA HARIAN
SINAR HARIAN
RADIO TELEVISYEN MALAYSIA (RTM)
RANCANGAN SELAMAT PAGI MALAYSIA
STESEN RADIO KEDAH FM
UTUSAN ONLINE
SINAR ONLINE
KEDAHTV
WARTA KEDAH

UTUSAN MALAYSIA
BERITA HARIAN
SINAR HARIAN
RADIO TELEVISYEN MALAYSIA (RTM)
RANCANGAN SELAMAT PAGI MALAYSIA
STESEN RADIO KEDAH FM
UTUSAN ONLINE
SINAR ONLINE
KEDAHTV
WARTA KEDAH
EMERGENCIES

POLICE STATIONS

KUBANG PASU DISTRICT
Polis Diraja Malaysia
Jalan Changlun, 06000 Jitra
Kedah Darul Aman
Tel: +604-9172222

JITRA POLICE STATION
Polis Diraja Malaysia
Jalanraya Bukit Kayu Hitam
Bukit Kayu Hitam, 06050 Jitra
Kedah Darul Aman
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POLICE LODGES

TUNJIANG POLICE LODGES
Polis Diraja Malaysia
Jalanraya Jitra, 06000 Jitra
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Tel: +604-9291229

SUNGAI KOROK POLICE LODGES
Polis Diraja Malaysia
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GUAR NAPAI POLICE LODGES
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Tel: +604-9171245

MEGAT DEWA POLICE LODGES
Polis Diraja Malaysia
Jalanraya Kerpan
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Taman Seri Cempaka
Bandar Darulaman Jaya
Kodiang, Kedah Darul Aman
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KLINIK KESIHATAN BANAI
Kampung Kepala Batu
Bukit Kayu Hitam
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Fax: +6082-439969
Email: sko@mpc.gov.my

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Fax: +6088-242815
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